

Psychological Wellbeing Practitioner

Hours: 2-3 days a week **Reports to:** Clinical Team Manager **Accountable to:** Clinical Director **Location:** East Yorkshire preferable &/or remote **Start Date:** ASAP

About Oviva

We believe good health starts with nutrition and lifestyle, not medication. Our mission is to help 50 million people lead healthier and happier lives by 2025 by providing the best digitally-enabled behaviour change treatments.

Oviva was founded in 2014 and is Europe's largest provider of digitally-enabled behaviour change treatments to people with health conditions related to diet such as type 2 diabetes, prediabetes and complex obesity. We offer our patients the most accessible, personalised and high quality care possible, and we embrace technology to overcome the demand challenges facing the NHS and health systems worldwide.

We do this by:

- Creating unique digitally-enabled treatment programmes for patients, delivered by dietitians supported by a multi-disciplinary team of psychologists, psychological wellbeing practitioners, specialist nurses, registered nutritionists, health coaches and activity experts.
- Offering patients access to expert advice in a time and place of their choosing, via our NHS Digital approved Oviva smartphone app, online Learn portal (with tailored video, audio and text content) or over the phone.

Our services are delivered in partnership with the NHS, supporting access, quality and efficiency improvements. We work with over half of the NHS regions in England (called Sustainability and Transformation Partnerships), are the largest digital provider in the NHS England Diabetes Prevention Programme, and were selected for the NHS England Innovation Accelerator. Beyond the UK we also operate in Switzerland, Germany, and France, and are backed by Europe's leading venture funds.

We can only deliver all of this with the help of our incredible team. Having a culture that people want to work in is very important to us and we're proud to say 96% of our team would recommend working for Oviva. We do this by keeping our values at the forefront of everything we do, from patient care to internal culture:

- We put the patient first
- We measure & improve
- We tackle it together

The Role

Tier 3 specialist weight management

Oviva has been commissioned to provide the Tier 3 specialist weight management service in Wakefield and are looking for a Psychological Wellbeing Practitioner to work alongside a Clinical Psychologist and the rest of the clinical team. This is an exciting opportunity for a PWP to be involved in the delivery of a service incorporating a mixed clinical approach. The service offers a comprehensive multi-disciplinary team approach, combining specialist dietetics, clinical psychology as well as leveraging technology to improve patient access and outcomes.

The psychological wellbeing practitioner provides an assessment and provision of psychological therapy to patients and you will be using technology for remote tools to provide follow-up care remotely and monitor / review patient's progress.

The successful candidate will have 1 year of patient experience, and any experience in weight management would be desirable. You will be an excellent communicator and have experience in providing care remotely and using technology to assist with therapeutic goals. You must also be confident in working autonomously and able to manage your time efficiently.

Key Responsibilities

- Delivering one to one patient care in our Wakefield clinic
- Delivering one to one remote clinics via phone/video calls and / or using the Oviva smartphone app.
- Assessing patients for psychological therapy as part of the weight management service; to independently select and employ appropriate assessment methods.
- Creating individual formulations based on initial screening and assessment, drawing on own clinical expertise, psychological theory, our existing care packages, current research, and relevant guidelines, e.g. NICE.
- Providing therapeutic input for patients identified as suitable within the Tier 3 service, alongside dietetic support.
- Working in a highly autonomous manner, being responsible for appropriately managing clinical risk when it arises during clinical practice, while having recourse to other professionals for guidance.
- To maintain accurate and up-to-date clinical records and abide by internal recording guidelines.
- To maintain adequate CPD, receive regular clinical supervision in accordance with good practice guidelines and continue to meet HCPC and BPS registration requirements.

Key Competencies

- Collaborative – *can do attitude, work effectively in teams,*
- Empathetic – *peer to peer support, resilient,*
- Innovative – *self starter, solution – action orientated, creative*
- Knowledgeable – *proactively upskilling, adaptable,*
- Commitment to Oviva Mission & Strategy
- Clinical skills – *patient relationships, adherence to IG procedure*

Our Offer

- The opportunity to make a meaningful impact in revolutionising healthcare in the UK
- Exciting and rewarding role in high-growth environment
- Training opportunities and regular salary reviews
- Flexible working
- Competitive salary
- 25 days holiday (plus bank holidays) with the option of an additional 5 days unpaid leave
- Company pension
- Regular team socials

Person specification:

Category	Essential	Desirable
Education, qualifications and training	<ul style="list-style-type: none"> • Completion of BPS accredited PWP training course 	<ul style="list-style-type: none"> • Degree in related Psychology field
Experience	<ul style="list-style-type: none"> • Minimum 1 year of patient facing experience • Awareness of good safeguarding techniques 	<ul style="list-style-type: none"> • Experience in working remotely and utilising technology within care • Experience of working with people with mental health/psychological problems in a medical setting

<p>Skills, abilities and knowledge</p>	<ul style="list-style-type: none"> • Skills in the use of complex methods of psychological assessment, intervention and management, frequently requiring sustained and intense concentration • A good understanding of health promotion • Ability to plan and manage time effectively • Ability to generate written communication which is relevant, concise, accurate and legible • Evidence of excellent verbal communication skills at all levels • Able to respond to unpredictable work-patterns and interruptions • Ability to complete allocated projects and meet deadlines • Competent user of IT equipment and basic software (email, word processing, data input) 	
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To find out more about the post or apply for the role, please send a cover letter and a copy of your CV to nicola.bradshaw@oviva.com.